

Girl Up

GVL

2022-2023
Impact Report

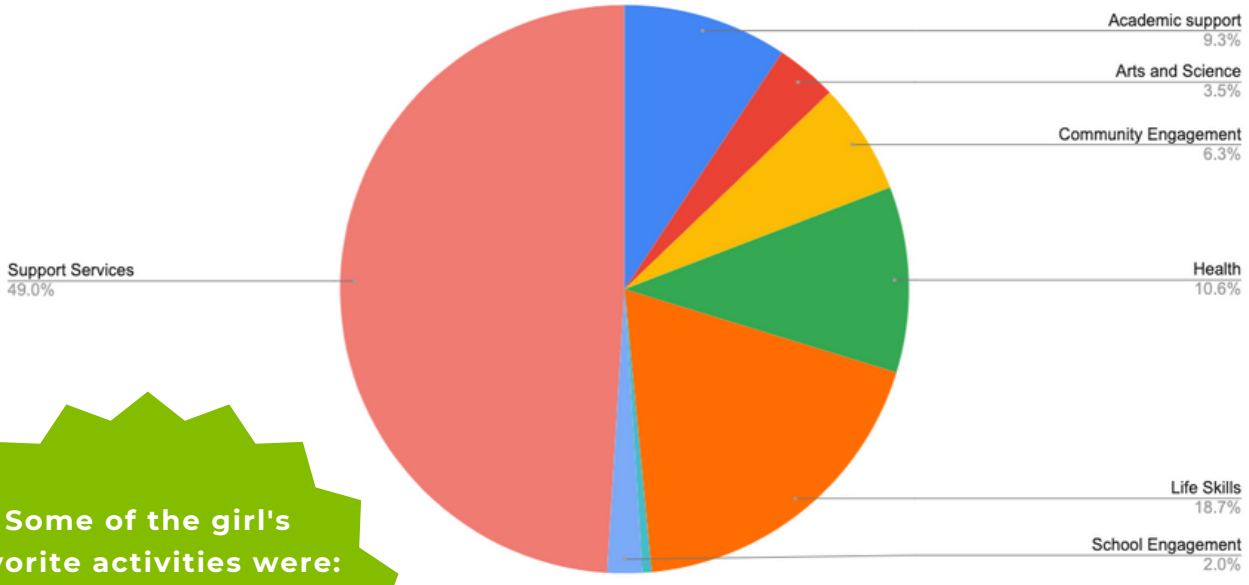
Enriching young women with positive formative experiences that replace obstacles with opportunities.



IMPACT REPORT

Over 130 students served through our programs!

GirlUp GVL 2022 - 2023 Activity Breakdown



Some of the girl's favorite activities were:
 Volunteering, Basketball, Field trips to learn about new careers, clubs, summer GrowU internships and spending time together

Here are some of the big ways we spent our time during the past year. Our largest category was support services. This includes providing meals, transportation, etc. We were able to continue to provide necessary transportation to our program, activities in the community, Grow U Internships, and even taking students to school as needed. This allows us to further minimize transportation as a barrier and create equal access to opportunities.

A Glance at Middle School

GirlUp GVL from a Parent's Perspective:

"GirlUp GVL helped my children understand the bigger picture in life of serving others, teaching them mindfulness and respect. Giving them opportunities to interact with other people in their community so they can be a part of it. This program is truly amazing!"

100% of middle school completed swim lessons, which allows them to be more confident swimmers

83% of our middle school students successfully completed their Spring SMART goals

"I can explore what I want to do in life through GirlUp GVL."





IMPACT REPORT

A Glance at High School

100% of seniors graduated and enrolled in Universities

9 High School students were able to complete paid internships in the community.

100% of our High School students felt supported in their academic and personal lives

22 Weekly Enrichment Sessions

"I believe I speak for the entire PD department at our company when I say that we would love to host GirlUp GrowU interns in the future. I think this is a great experience and realistic exposure to a healthy work environment in a corporation while our size still lets the interns ask hands on questions and be involved where they want to be involved." - GrowU Business Partner



A Glance at In - School Groups

Self-Awareness

Self-Management

Social Awareness

Relationship Skills

Responsible Decision-Making

The fall of 2022, we were able to pilot our In School Groups at Berea High School, adding in a group at Carolina High in the Spring of 2023.

99 Students Served!

"In-School group helped me to not feel so alone in some of the emotions I feel and it gives me a space where I don't feel judged for saying how I feel and why I feel that way."



Thank you to our generous partners!

We are exceptionally grateful for the support of our monthly donors who have committed to partnering with us each month in our mission.

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